



COLLEGE OF EDUCATION

PLAN OF STUDY - Department of Kinesiology

Exercise Science (Non-Certification) PT Track

Name: _____ S#: _____ Date: _____

Address: _____ Phone: _____

Email: _____ Advisor: _____ Email: _____

University Core – The core GPA must be 2.00 or higher (+ indicates core courses)

COURSE	SEM HRS	GRADE	SEM/TERM	NOTES
Written Composition - 2 courses required				
+ENGL 1010/ENGL 1017	3			PT
+ENGL 1020/ENGL 1027	3			PT
Humanities and Fine Art - 4 courses required				
<i>Literature Elective (One course minimum; must take a two course sequence in literature or history)</i> <i>ENGL 2530, ENGL 2540, ENGL 2570, ENGL 2580, ENGL 2600, ENGL 2610, ENGL 2680</i>				
+	3			
+	3			
<i>Fine Arts Elective - One or two courses - VISU 1000, VISU 2030, VISU 2040, MUSI 2110, or THEA 2040</i>				
+	3			
	3			
+COMM 1010/COMM	3			
Natural Sciences and Mathematics - 3 courses required				
+BIOL 1010/1011 Principles of Biology I	3/1			PT
+CHEM 1100/1101 General Chemistry I	3/1			PT
+ MATH 1120 Pre-Calculus Algebra and MATH 1130 TRIG or MATH 1150 Pre-Cal Algebra w/TRIG	(4)or 5			(PT)
History, Social and Behavioral Sciences - 4 courses required				
<i>History (One course minimum; must take a two course sequence in history or literature)</i>				
+	3			
+	3			
<i>Electives- 2 or 3 courses required (Choose from ANTH 2110, ECON 2000, ECON 2010, ECON 2020, GEOG 2050, GEOG 2150, HIST 1010, HIST 1020, HIST 1060, HIST 1070, HIST 1080, HIST 1090, POLS 2020, PSYC 1000, PSYC 2780, SOCI 2000)</i>				
+PSYC 1000	3			PT
+ PSYC 2780	3			PT
Other Additional Required Courses:				
+UNIV 1000 (required of all entering students with less than 24 earned credit hrs and transfer students with a GPA of 2.2 or lower; take within the first academic year)	3			
Must have a "C" or better in both Anatomy and Physiology courses				
BIOL 2100/2101 Anatomy & Physiology I (Pre-req. BIOL 1010/1011)	3/1			PT
BIOL 2110/2111 Anatomy & Physiology II (Pre-req. BIOL 2100)	3/1			PT
PHED 2010/2011 FNDS of Health & Phys Education	3/0			
PHED 2203 Wellness	3			
Select two PHED activity courses	2			
	2			

Check Point: Two course sequence satisfied in (Circle One) A. Literature B. History

NOTE: The semesters indicated by each physical education course are tentative and the Department Chair has the right to make changes if necessary due to class enrollment.

COURSE	HRS	GRADE	SEM/TERM	NOTES
Physical Education (25 semester hours) (check catalog for pre-requisites) Must make a C or better				
PHED 4003/4004 Physiology of Exercise/Lab (Fall & Summer)	3/1			
PHED 4010 Exercise Pathophysiology (Spring) (pre-req PHED 4003)	3			
PHED 4043 Kinesiology (Fall) (pre-req BIOL 2100/2101, or 2093)	3			
PHED 4044 Biomechanics (Spring) (pre-req PHED 4043)	3			
PHED 4153 Exercise Prescription (Spring) (pre-req PHED 4003)	3			
PHED 4193 Measurement & Evaluation in Exercise Science (Spring)	3			
PHED 4230 Principles of Strength & Conditioning (Fall) (pre-req PHED 4003)	3			
PHED 2250 Basic Sport Nutrition (Fall/Summer)	3			

PRE-PHYSICAL THERAPY TRACK (26 hours minimum)

Must make a C or better

General Studies requirements may vary between PT Schools. Check with the school(s) to which you are applying.

BIOL 1020/1021 Principles of Biology II	3/1			PT
BIOL 2410 Biomedical Vocabulary	3			PT
CHEM 1200/1201 General Chemistry II	3/1			PT
STAT 1070 Elementary Statistics	3			PT
MATH 1610 Calculus I	4			PT
PHYS 2100/2101 General Physics I (Pre-req MATH 1610)	3/1			PT
PHYS 2200/2201 General Physics II	3/1			PT

Internship - Must be Admitted to the Internship (9 hours) Must make a C or better

PHED 4922 Internship in Exercise (see Kinesiology Dept for req.)	9/0			
PHED 4992 Health Fitness Test *Swim Test (required to pass before graduation) (0 Credits)				

*A minimum of 120 semester hours and an overall GPA of at least 2.5 are required for graduation.

All classes with the "PT" note require a C grade or better as they are required for admission to Physical Therapy schools. A grade of B or better is strongly recommended.

Minor - Sports Nutrition (15 hours) – Signature: _____

PHED 4210 Nutrition Assessments (Spring)	3			SN
PHED 4220 Lifecycle and Community Nutrition (Fall)	3			SN
PHED 4240 Metabolism and Function of Nutrients I (Fall)	3			SN
PHED 4280 Metabolism and Function of Nutrients II (Spring)	3			SN
PHED 4950 Advanced Topics in Sports Nutrition (Spring)	3			SN

Minor - Sport Management (18 hours) – Signature: _____

PHED 4310 Ethics in Sports	3			SM
PHED 4330 Sport Marketing	3			SM
PHED 4340 Risk Management and Legal Issues	3			SM
PHED 4360 Sport Finance	3			SM
PHED 4380 Leadership in Sport Organizations	3			SM
PHED Elective	3			SM