

THE DIFFERENCES BETWEEN

HAZING & BULLYING

Hazing: "any activity expected of someone joining or participating in a group that humiliates, degrades, abuses, or endangers them regardless of a person's willingness to participate."^{1,3}

It includes three key components:

1. It occurs in a group context
2. Humiliating, degrading, or endangering behavior
3. It can happen regardless of an individual's willingness to participate; regardless of consent²

Bullying: "Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time."⁶

It includes two key components:

1. Power imbalance
2. Repeated behavior⁶

TYPICAL HAZING BEHAVIORS



Hazing happens at colleges and universities AND middle and high schools. Some common places are:

- Varsity Athletic Team
- Social Fraternity or Sorority
- Club Sports
- Performing Arts Organization
- Academic Club
- Honor Society¹

REMEMBER!

Hazing takes many forms. There is a wide range of behaviors that fit the definition of hazing. For this reason, it can often go unrecognized and unreported.

HAZING

BULLYING



TYPICAL BULLYING BEHAVIORS



WAYS TO BUILD HEALTHY GROUPS & TEAMS

- Participate in community service projects together
- Identify common times for new and returning members to hang out (e.g., group meals, studying, working out)
- Visit a challenge course led by professionals to work on communication and leadership skills
- Utilize campus resources to promote scholarship
- Strengthen problem solving skills through team building activities
- Work on personal development through activities like vision boards, goal setting, etc.⁴



**WANT MORE INFO?
GO TO STOPHAZING.ORG**



INFORMATION SOURCES

1. Allon, E. J. & Madden, M. (2008) Hazing in View: College Students at Risk Initial Findings from the National Study of Student Hazing. <https://stophazing.org/research/national-hazing-study-hazing-in-view/>
2. Allon, E., Payne, J., & Kerschner, D. (2015). "We Don't Haze" A Companion Prevention Brief For General Audiences. https://stophazing.org/wp-content/uploads/2020/12/We_Don_t_Haze_Companion_Brief_General.pdf.
3. Hoover, N. (1999). National survey of sports teams: Initiation rites in athletics for NCAA sports teams. Retrieved February 9, 2006, from Alfred University Website: http://www.alfred.edu/sports_hazing/
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5. StopHazing Research Lab. (2020, December). Hazing: The Issue. StopHazing Consulting. <https://www.stophazing.org/issue>
6. Assistant Secretary for Public Affairs (ASPA). (2021, November 5). What is bullying. StopBullying.gov. Retrieved June 18, 2022, from <https://www.stopbullying.gov/bullying/what-is-bullying>